

CB-BK WE2 2026: Session: 6: COACH evaluation sheet for TEAM: MEGA

Coachinfo: Warming up from: 15:00 untill 15:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Loones Matthias HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 45: 800M FREESTYLE MEN 17+							Heat:1, starttime: 16:46	
Heat: 1/1 Lane : 1 Athlete: KOCKX HENRI							Q-time: 08:45:92	
PB (50m pool): 08:45.92 Antwerpen 27/07/2025			PB (25m pool): no time SB: 08:56.68 Antwerpen 17/05/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:30.70	01:03.88	01:36.94	02:09.76	02:43.14	03:16.30	03:49.64	04:22.87
	00:30.70	00:33.18	00:33.06	00:32.82	00:33.38	00:33.16	00:33.34	00:33.23
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	04:56.41	05:29.42	06:02.61	06:35.73	07:08.86	07:41.49	08:14.48	08:45.92
	00:33.54	00:33.01	00:33.19	00:33.12	00:33.13	00:32.63	00:32.99	00:31.44
								

Coach feedback:

Event number: 47: 4x100M MEDLEY MEN 15+							Heat:4, starttime: 17:22	
Heat: 4/4 Lane : 6 Athlete: TEAM MEGA 1							Q-time: 04:02:31	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

Event number: 48: 4x100M MEDLEY WOMEN 15+							Heat:1, starttime: 17:27	
Heat: 1/2 Lane : 4 Athlete: TEAM MEGA 2							Q-time: 04:39:92	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

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Event number: 48: 4x100M MEDLEY WOMEN 15+							Heat:2, starttime: 17:33	
Heat: 2/2 Lane : 4 Athlete: TEAM MEGA 1							Q-time: 04:18:27	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: